

*Iroquois Hill Runners*  
**THANKSGIVING DAY RUN**

Join us at 9 a.m. on Thursday, November 24 for the traditional five mile course, or the 1.25 mile course (begins at 9:05 a.m.). Each Entrant will receive a top- quality long sleeve shirt, medal, and entry into prize drawings on race day. Pre-race packet pickup takes place at Swag's Sport Shoes south location on November 22 and 23. For more information, or to sign up online, please visit [www.iroquoishillrunners.org](http://www.iroquoishillrunners.org). In-person signup is also available at either Swag's Sport Shoes location.

1.25 Mile Run / Walk

5 Mile Run / Walk

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Birth date (month, date, year): \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: \_\_\_\_\_

Shirt size (choose one): XS: \_\_\_ S: \_\_\_ M: \_\_\_ L: \_\_\_ XL: \_\_\_ XXL: \_\_\_

**IROQUOIS HILL RUNNERS THANKSGIVING DAY RUN WAIVER**

In consideration of and as a consideration of my participation in the IHR Thanksgiving Day Run, November 24, 2022 for myself, my heirs, executors and administrators, I waive and release any claims against the Iroquois Hill Runners, DC Timing, and any and all sponsors and supporters for all claims and damages, demands of actions whatsoever in any manner, as a competition of the event. I hereby grant full permission to any and all of the foregoing to use my name and likeness for any publicity and/or promotional purposes without obligation of liability.

Participant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature (required if participant is under 18 years of age):

\_\_\_\_\_ Date: \_\_\_\_\_

Entry fees:

\$30 if postmarked by 10/15/2022

\$35 if postmarked by 11/15/2022

Please send entry form and payment to:

Iroquois Hill Runners

P.O. Box 14115

Louisville, KY 40214

**All mail-in registrations MUST be postmarked by 11/15.** \*Late mail-ins will not be processed.